## **Sun Safe Policy**



# **Stockham Primary School** Sun Safe Policy: 2023



| Issue Date:              | October 2023 |
|--------------------------|--------------|
| Reviewed by:             | Headteacher  |
| Date of the last Review: | January 2017 |
| Next Review Date:        | October 2025 |

## **Sun Safe Policy**

#### **AIM**

At Stockham School we acknowledge the importance of sun protection and want staff and pupils to enjoy the sun safely. We will work with staff, pupils and parents to achieve this through:

#### **EDUCATION**

The following measures are in place:

- All pupils will have at least one SunSmart lesson per year.
- We will talk about how to be SunSmart in assemblies at the start of the summer term and before summer break.
- Parents and guardians will be sent a letter explaining what the school is doing about sun protection and how they can help at the beginning of the summer term.
- Information on sun safety will be provided in the staff room.

#### **PROTECTION**

#### Shade:

- When the sun is strong we will encourage pupils to sit/play in the shade where it is available.
- Shade is provided in the field under the trees and play equipment

#### **Timetabling:**

• In the summer months we will aim to schedule outside activities, school trips and PE lessons before 11am and after 3pm if appropriate. If this is unavoidable we will ensure hats, clothing and sunscreen are all worn to prevent sunburn.

#### Clothing:

- When outside in sunny weather, children are required to wear hats that cover the ears, face and neck.
- All teaching staff are encouraged to wear hats when on playground duty and teaching outdoors on very hot and sunny days.

#### Sunscreen:

- Sunscreen use will be encouraged on days when the sun is strong during summer at lunch breaks, during PE lessons and on school trips. Extra sunscreen will be made available in case children forget their own.
- We will send letters home asking for pupils to apply sunscreen on days when the sun is strong during the summer months.
- Parents are informed in regular newsletters and at the start of the school year that they must apply sun cream to their child prior to the school day. Children are encouraged to reapply the cream to themselves at break and lunchtimes and bring their own, labelled sun cream into school. Staff can not apply sun cream directly to children.

## **Sun Safe Policy**

## Sports day and themed days in the sun

At Stockham School we will aim to:

- Try to arrange sports days in the early morning or late afternoon to avoid the midday sun.
- As far as possible, try to ensure there is shade available in the area where the event is being held where children can shelter during rest periods.
- Provide water for students and parents to prevent dehydration.
- Educate the children on staying safe in the sun

Make sure the whole school participates in being SunSmart!

- Discuss being safe in the sun during school lessons. Have a look at the SunSmart teaching resources for activity ideas.
- Encourage students and teachers to wear T-shirts, hats and sunglasses (if appropriate) whilst training for Sports Day.
- Use newsletter articles to inform parents about the importance of sun safety on Sports Day.

#### On the day:

- Encourage everyone to cover up with t-shirts, hats and sunglasses.
- Remind participants to reapply at least SPF 15 sunscreen generously and regularly.
- Distribute information about being SunSmart to spectators and participants.
- Persuade spectators to make use of the shady areas.

#### Version History

| Version | Date         | Description of Changes -   |
|---------|--------------|--|
| 1.0     | October 2023 | Issuance of the policy in new template with minor updates to wording |